

ABOUT the HIKE FOR HOMELESS event

The Hike for Homeless was formally called the St Basils Walk Challenge and it started in 1998. It attracts hundreds of teams from businesses, groups and families. It takes place in a different part of the UK every year and the utmost effort is put into finding excellent, beautiful and challenging walking areas to provide something for everyone.

The walks start and finish in the same place and we always have 3 walking routes to offer; a 26 mile route which is designed to take in as many elevations as possible (these are always considered tough), a 13 mile route which is challenging but very doable even for people who don't do that much walking, and a 6 mile route which is designed for young families or elderly people.

Usually the long route takes 10/11 hours, the medium route 5/6 hours and the short route 2/3 hours.

There are check points on each route at sensible distances apart which provide toilets, water and energy bars and if a person feels that they can't carry on they simply stop at a check point and we will pick them up and drop them back at the finish line.

Every team is given a licenced Ordnance Survey map section and illustrated route guide to help them navigate, we do not use way markers which adds to the excitement and challenge of this event. It also gives people a chance to work together to get to the finish line via all the check points on their chosen route.

Typically long route walkers will start between 6.30am and 8am, medium route walkers between 8am and 9am and short route walkers between 9am and 9.30am.

Because our hikes take place in areas of outstanding beauty they can be 'off the beaten track' and so you should allow plenty of time to get there on the Saturday morning.

If a team is still out on the route by 7.30pm we would encourage them to stop at the next check point and we will ferry them back.

All walkers should be aware of the nature of this event, outside in summer over changeable terrain and dress accordingly. We advise bringing your own water bottle, a compass and you must have at least two mobile phone per team.

The team entry only covers the running cost of this event so we do ask teams to try and raise sponsorship money in addition to the fee so that we can carry on the vital work we do with vulnerable young people.

HIKE FOR HOMELESS TERMS & CONDITIONS

- i) For the **LONG** and **MEDIUM** Walk route challenge the minimum age for participation in this event is 5 years old. If a person under the age of 18 is taking part then a responsible adult (someone over 18) must register them, at the event

sign the disclaimer form on their behalf and take full responsibility for this person for the duration of the event. There is no age restriction for people taking part in the **SHORT** route challenge but anyone under the age of 18 must be accompanied by an adult.

- ii) All individuals taking part in the St Basils Walk are responsible for ensuring they are medically and physically able to undergo this activity.
- iii) Participants take part at their own risk and the organisers cannot be held responsible for any loss or damage to personal effects, for personal accidents or for injury or loss to third parties, other than as a result of St Basils negligence.
- iv) At the event you will be asked to sign next to your name on the disclaimer form. By signing this disclaimer form you are agreeing that you understand what the event contains and to take part in the event in accordance with these terms and conditions. If you do not sign this form you will not be allowed to take part in the event and no refund will be offered.
- v) Teams should have a minimum of three people. *(This is for basic safety. If one walker is injured there ideally will be one team member to stay with the injured party and one to continue to the next Check Point where help can be summoned).*
- vi) A team walking behind schedule should contact the organisers for advice, either by telephone or by seeking advice from a Marshal. Any team or individual forced to retire should if possible do so at a staffed Check Point from where transport will be provided back to Event HQ. Everyone who retires must report in person to the Check-In Desk at the Finish Point and have their wrist band removed by a marshal.
- vii) The distances quoted in all literature pertaining to this walk are estimates and rounded up to the nearest half mile. Essentially they are calculated with a knotted piece of string and an OS map. We try to make each walk as close to a half and full marathon distance as we can, but we also allow for accents, descents and general terrain when estimating the overall distance and therefore we crave your forgiveness if the distances stated don't exactly match your 'satnavs'.
- viii) At least two mobile phones must be carried by a walking team and it is your responsibility to provide these. It is vital that the organisers know your whereabouts at the end of the day. If anyone is 'posted missing' rescue services will be alerted. False alarms can incur financial cost and could endanger someone in a genuine emergency!
- ix) The organisers reserve the right to stop walkers continuing if to do so would be potentially dangerous, (eg severe weather, onset of darkness). Anyone who then decides to continue will do so at their own risk.

- x) All participants must obey The Country Code and the Laws and By-Laws of England and Wales as stated below and adhere to designated rights of way on tracks and paths on the route.
- xi) Whilst the organisers cannot prevent anyone from failing to comply with the above rules and safety requirements specified elsewhere in this publication from undertaking the Challenge, they reserve the right to disown or withdraw support from any offenders.
- xii) On the day of the walk, all teams **MUST** start their walk before the cut off time. Long route walkers must Check-In and start walking between 6.30am and 8am. Medium route walkers must Check-In and start walking between 8am and 9am. Short route walkers must Check-In and start walking between 9am and 9.30am. No teams will be allowed to start after 9:30am.
- xiii) St Basils reserve the right to cancel the event due to any unforeseen circumstances (i.e.) bad weather or potential harm to the participants. If this happens we will endeavour to give you as much notice as possible and reschedule the event for a later date. It is always worth checking the event page 24 hours before the event. We are guided in this decision by reports from the Met Office. If there is an AMBER weather warning issued by the Met Office 24 hours before the event the likelihood is that we will cancel the event, so please keep looking at the webpage beforehand.
- xiv) To help us promote this event, professional photographers will be photographing and filming people taking part. If you do not want your image used then please take a **NO PHOTOGRAPHS** sticker at the start of the event and clearly display it. You understand and agree that it is your responsibility to obtain this sticker so that we can easily identify who does not want their image used.