

## Big Sleepout EVENT DETAILS and TERMS & CONDITIONS

### EVENT DETAILS

**History:** The St Basils SleepOut started in 1990 and the principle behind it was and still is very simple; People volunteer to 'rough it' for a night so that sponsorship money can be raised to help prevent youth homelessness; in short to prevent young people from having to do this for real. This event is not an exercise in 'what it's like to be homeless', it is a fundraising event that also helps raise the awareness of homeless issues to the wider community.

**Sleeping Out:** Upon arrival we will give you a large cardboard box and a large plastic bag. This is your emergency shelter for the night, but you can bring additional cardboard to make more of your dwelling. You will be sleeping rough outside, so be prepared with warm waterproof clothes, sleeping bags and anything else to make your sleep comfortable.

**Animals:** No pets are allowed at this event.

**Times:** Most St Basils Sleepout events start at either 6pm or 7pm and go on all through the night until 6am the next morning. But entry to all St Basils SleepOut events closes at 10pm. No admission is allowed after this time unless via pre-arrangement with the St Basils SleepOut Team. If you leave the event after 10pm you will not be allowed back in.

**Toilets:** Available all night.

**First Aiders:** Present for the duration of the event. If at any point you need to leave, then please have enough money with you to get yourself home.

**Food and drink:** Vegetarian food is available up to 11pm. So, if you wish to eat food after this, please bring some snacks.

**Security:** The site is patrolled all night and no alcohol or drugs are permitted.

**Creative Cardboard Competition:** This is a prize that we give to what we judge to be the 'best' dwelling created on the night. So please bring more of your own cardboard if you wish, but do not bring wood, metal or glass - only cardboard and plastic that you can sculpt, paint and decorate how you like.

**Presentation:** Between 10pm and 11pm some of the current St Basils service users will give a brief talk about what we do and then the winner of the Creative Cardboard Completion is announced.

**Sponsorship:** St Basils SleepOut events are designed so that you can participate in a fun but challenging event whilst raising money for St Basils. The easiest way to do this is by sponsorship and donations. So don't forget to tell everyone you are doing this to help you raise as much as you can. Sponsor forms will be sent to you after you have registered and you can easily set up an online giving page. The sponsorship target is £150 and it is a rough guide to give you something to aim for. We do understand that students/teenagers in particular may struggle to raise this. Other people may raise far more which is fantastic!

## TERMS & CONDITIONS

- i) **Read the T's & C's.** Anyone wishing to take part in this event must read these terms and conditions first. If you are coordinating other people to attend, you must make sure they all read these Terms & Conditions.
- ii) **Sign the disclaimer.** Please ensure everyone has signed against their name on the disclaimer prior to the event. This will be checked when you reach the event. The disclaimer states that they understand the nature of the event and that they have read, understood and will abide by the St Basils SleepOut Events Terms & Conditions. Failure to do this will result in them NOT taking part in the event. The organisers reserve the right to reject any submission made for registration to any St Basils SleepOut event and to refuse admission to the event on the night.
- iii) **Mentally and physically fit.** All individuals taking part in a St Basils SleepOut event are responsible for ensuring they are medically and physically able to undergo this activity.
- iv) **Own risk.** Participants take part at their own risk and the organisers cannot be held responsible for any loss or damage to personal effects, for personal accidents or for injury or loss to third parties, other than as a result of St Basils negligence.
- v) **Age requirements.** The minimum age for participation in this event is 5 years old. If a person is between the age of 5 and 17 then a responsible adult (18 or over) must register them, sign the disclaimer form on their behalf and take full responsibility for this person for the duration of the event. Groups that have under 18-year-olds must observe the minimum requirements which is 1 adult to 3 under 18's at all times.
- vi) **This is an alcohol and drug free event.** If you are seen using alcohol it will be confiscated. If you are seen using illegal drugs the police will be called. In both cases you may be asked to leave the event and the organisers reserve the right to ask anyone to leave the event.
- vii) **Disruption will not be tolerated.** The deliberate disruption to other people's dwellings, use of obscene language or unruly behaviour will not be tolerated. Singing or loud talking must stop by Midnight. If you are witnessed doing such things the organisers reserve the right to ask you to leave the particular St Basils SleepOut site regardless of the time.
- viii) **Gates close.** Entry to all St Basils SleepOut events closes at 10pm. There is absolutely no admission to the sleepout site after this time unless via pre-arrangement with the SleepOut Team. If you leave the event after 10pm you will NOT be allowed back in.
- ix) **Getting home.** St Basils cannot take responsibility for the safe conduct of participants travelling to and from this event. You will have to make your own arrangements regarding travel. The event finishes at 6am on the following morning, but anyone is free to leave whenever they want. So please have alternative means of getting home arranged or bring enough money to get yourself home in a taxi should you wish to leave before the end.

For any more information about any of the St Basils Sleepout events please contact the St Basils Fundraising team at [fundraising@stbasils.org.uk](mailto:fundraising@stbasils.org.uk) or phone 0121 772 9614. Thank you.